



# Community Health Needs and Resources

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Community Asset Listing: Bay St. George Area

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## **Introduction**

The Primary Health Care area for Bay St. George (BSG) includes 6 municipalities: Stephenville, Kippens, Lourdes, Port au Port East, St. George's, and Stephenville Crossing as well as 2 local service districts: Barachois Brook and Bay St. George South. The Town of Stephenville is the main service centre for the surrounding smaller communities.

The BSG Area is known for its scenic coastline, natural beauty and ethnic diversity. The area is home to a blend of French, English, Scottish and Mi'kmaq Indian ancestries, combining to form a unique mixture of culture and tradition.

Community assets include anything that can be used to improve the quality of community life. This may include things such as a physical structure or place, community service or health service. The Primary Health Care community assets provide insight into the resources that communities have available to them to support health and wellness. Community assets can be used as a foundation for community improvement. Understanding a community's strengths makes it easier to understand what kinds of programs or initiatives might be possible to address the community's needs. The purpose of this community asset listing is to identify the assets available in the BSG Primary Health Care Area. It is recognized that while this listing may not include every community asset, it should provide an overview of the major assets available within a health region, with a focus on health and community resources that support individuals and communities in maintaining a safe and healthy environment. Please find below the community assets summary of the BSG Primary Health Care Area.

## **Community Assets Listing**

### **Health Related Assets**

The Sir Thomas Roddick Hospital (STRH) in Stephenville is a forty-four bed acute care center with a comprehensive range of inpatient and outpatient services for the people of the Bay St. George catchment area. The catchment area serviced by Sir Thomas Roddick Hospital is between the Port au Port Peninsula east to Gallants and south to the Jeffrey's-St. Fintan's area serving a population of approximately 24,000. It is important to note that it is situated 87 km (approximately 1 hour) from the Western Memorial Regional Hospital in Corner Brook, which is the major acute health care site for Western Health.

Bay St. George Long Term Care Centre is a 114 bed facility in Stephenville Crossing that provides nursing, dietitian, occupational therapy, and physiotherapy services to its residents. It

also has a senior’s adult day program and meals on wheels service. The Emile Benoit House is also located at this site and has 20 apartments in the congregate housing and 38 cottages for senior independent living.

There are also seven rural medical clinics throughout the BSG area that provide physician/nurse practitioner services and community health nursing services (Community Support and Public Health).

There are a number of Provincial programs and services that are accessible to all residents of Newfoundland and Labrador by way of toll free numbers, apps and the internet. These programs include the Newfoundland and Labrador Health Line, Smokers’ Help Line, Gambling Help Line, Planned Parenthood Sexual Health Centre, Bridge the Gapp, and Strongest Families.

Table 1 below provides a listing of health related assets by community for the BSG area.

**Table 1: Health Related Assets**

Health Asset	Community
<p>Sir Thomas Roddick Hospital</p> <ul style="list-style-type: none"> <li>• 44 acute care beds</li> <li>• Acute Medicine</li> <li>• General Surgery</li> <li>• Intensive Care</li> <li>• Internal Medicine</li> <li>• Renal Dialysis</li> <li>• Pharmacy</li> <li>• Respiratory Therapy</li> <li>• Clinical Nutrition</li> <li>• Occupational Therapy</li> <li>• Diagnostic Imaging</li> <li>• Chemotherapy</li> <li>• Emergency Medicine</li> <li>• OBS/Gynecology Clinics</li> <li>• Outpatients</li> <li>• Anaesthetic Services</li> <li>• Palliative Care</li> <li>• Laboratory Services</li> <li>• Social Work</li> <li>• Physiotherapy</li> <li>• Diabetes Services</li> <li>• Psychiatry</li> <li>• Speciality Clinics (Travelling)</li> </ul>	<p>Stephenville</p>

Health Asset	Community
<ul style="list-style-type: none"> <li>Pastoral Care and Volunteer Services</li> </ul>	
Psychiatry Clinic (1 outpatient psychiatrist who also provides consultation to STRH on a daily basis)	Stephenville
Ambulance services	Stephenville, West Bay, Degrau, Jeffrey's
<p>Bay St. George Long Term Care Centre:</p> <ul style="list-style-type: none"> <li>114 long-term care beds</li> <li>Adult Day Program</li> <li>Respite Services</li> <li>Meals on Wheels Service for Stephenville Crossing, St. George's and Stephenville area</li> </ul>	Stephenville Crossing
<p>Medical clinics:</p> <p><b><i>Jeffrey's Medical Clinic (Jeffrey's)</i></b> 1 Nurse Practitioner available 5 days/week</p> <p><b><i>Bay St. George Medical Clinic (Stephenville)</i></b> 3 Family Physicians available 5 days/week</p> <p><b><i>Stephenville Community Clinic (Stephenville)</i></b> 3 Family Physicians available 5 days/week</p> <p><b><i>DeGrau Medical Clinic (DeGrau)</i></b> 1 Family Physician available 2 days/week (shared with Lourdes Medical clinic) 1 Nurse Practitioner available 3 days/week (shared with Lourdes Medical clinic). This position is currently vacant.</p> <p><b><i>Lourdes Medical Clinic (Lourdes)</i></b> 1 Family Physician available 3 days/week (shared with DeGrau Clinic) 1 Nurse Practitioner available 2 days/week (shared with DeGrau Medical clinic). This position is currently vacant.</p> <p><b><i>St. George's Medical Clinic (St. George's)</i></b> 1 Nurse Practitioner available 5 days/week</p> <p><b><i>Stephenville Crossing Medical Clinic (Stephenville Crossing)</i></b> 1 Family Physician available 5 days/week</p>	Jeffrey's, Stephenville, Degrau, Lourdes, St. George's, Stephenville Crossing

Health Asset	Community
1 Nurse Practitioner (part time Stephenville Crossing Medical Clinic and part time Bay St. George Long-term Care Home)	
Physician offices	As above and Dr. Dennis (Stephenville) Fee for Service Physician
<p>Population Health</p> <ul style="list-style-type: none"> <li>• Community Health Nursing (Public Health and School Health, Child Management Specialist, Speech Language, Developmental Psych, Audiology)</li> <li>• Community Supports (Community Health Nursing, Social Work, Occupational Therapy, Behaviour Management Specialist)</li> <li>• Mental Health and Addictions (Counsellor/Social Work, Mental Health Case Manager Nurse, Youth Outreach Worker, Community Mental Health Support Worker)</li> </ul>	Cover all areas of Bay St. George
Nurse Practitioner	Stephenville
Physiotherapy	Stephenville
Dentists	5 in Stephenville
Massage Therapists	2 in Stephenville
Chiropractors	2 in Stephenville
Pharmacy	5 in Stephenville, 1 Stephenville Crossing, 1 St. George's, 1 Lourdes
Optometrist	1 in Stephenville and others who travel here
<p>Supportive housing (e.g., personal care homes, alternate family care)</p> <ul style="list-style-type: none"> <li>• Emile Benoit House (Stephenville Crossing) - 20 Congregate style apartments</li> <li>• 38 affordable housing units (Stephenville Crossing)</li> <li>• Silverwood Manor Personal Care Home (Kippens)</li> <li>• Acadian Village Retirement Home (Stephenville)</li> <li>• Crosswinds Seniors Resort (Robinsons)</li> </ul>	Stephenville, Stephenville Crossing, Kippens, Robinsons

<b>Health Asset</b>	<b>Community</b>
Support groups: i.e. CHANNAL Peer Support, Alcoholics Anonymous, Alzheimer’s Support Group, Cancer Support Group, etc.	Stephenville
Provincial Health Programs and Services <ul style="list-style-type: none"> <li>• NL Health Line</li> <li>• NL Planned Parenthood Sexual Health Center</li> <li>• Bridge the Gapp App</li> </ul> Strongest Families Program	Provincial

### **Emergency Related Assets**

Emergency health services such as volunteer fire departments and ambulance services are located throughout the BSG area with the hub for regional services, such as the STRH Emergency Department, RCMP, and Search and Rescue, centrally located in Stephenville. It is also important to note that Stephenville is also home to a fire fighter training facility: Safety and Emergency Response Training (SERT) Centre. The SERT Centre is one of the premiere fire training facilities in Canada with the capability and equipment to provide Aircraft Rescue and Firefighting, Structural, Marine & Industrial Firefighting Training. There are a number of Provincial emergency services that are accessible to all residents of Newfoundland and Labrador, such as the 911 service, Kids Help Line, Mental Health Crisis line, etc. Table 2 below provides a listing of emergency related assets by community for the BSG Area.

Table 2: Emergency Related Community Assets

<b>Emergency Asset</b>	<b>Community</b>
STRH Emergency Department	Stephenville
Russell’s Ambulance Service (servicing Stephenville & surrounding communities)	Stephenville
Knights of Columbus Ambulance Service (servicing Lourdes & surrounding communities)	Lourdes
Cape St. George Ambulance Service (servicing Degrau & surrounding communities)	Degrau
Royal Canadian Legion Ambulance Service (servicing Jeffrey’s & surrounding communities)	Jeffrey’s
Barachois Search & Rescue	Stephenville Crossing

Stephenville – Kippens – Port au Port Search & Rescue	Stephenville
Stephenville Fire Department (dedicated)	Stephenville
Volunteer Fire Departments (7)	Lourdes, Cape St. George, Port au Port Regional, Kippens, Stephenville Crossing, St. George's, McKay's
RCMP Stephenville Detachment	All BSG area
Provincial Emergency Programs and Services <ul style="list-style-type: none"> <li>• 911</li> <li>• Kids Help Line</li> <li>• Mental Health Crisis Line</li> <li>• Sexual Assault Crisis Line</li> </ul> Services for Victims of Violence	Provincial

### Churches

There are many churches throughout the BSG Area, the majority of the churches of the Roman Catholic denomination. The Bay St. George Ministerial Association is a group of religious leaders from the area who meet monthly to address the spiritual needs of the communities together. Table 3 below provides a listing of churches by community for the BSG area.

Table 3: Churches

Denomination	Church	Community
<i>Roman Catholic</i>	Our Lady of Lourdes	Lourdes
	St. Philomena's Chapel	Three Rock Cove
	Chapel de Ste. Anne	Mainland
	Our Lady of the Cape Parish	Degrau
	Our Lady of Fatima Parish	Piccadilly
	Maria Regina Parish	Port au Port East/West
	St. Stephen's Parish	Stephenville
	Assumption Parish	Stephenville Crossing
	St. Joseph's Parish	St. George's
	St. Anne's Parish	Flat Bay
St. Joseph's Parish	Heatherton	



<b>Denomination</b>	<b>Church</b>	<b>Community</b>
	St. Columcille	St. Fintan's
	Highlands Church	Highlands
<i>Anglican</i>	St. Augustine's	Stephenville
	All Saints	Stephenville Crossing
	St. Mary the Virgin	St. George's
	St. George's	Robinsons
	St. Mary Magdalene	Jeffrey's
	St. Michael's	St. David's
<i>United</i>	First United Church	Stephenville
	Heatherton United Church	Heatherton
<i>Pentecostal</i>	Zion Pentecostal	Stephenville
	Degrau Pentecostal	Degrau
<i>Other</i>	United Pentecostal	Stephenville
	Salvation Army	Stephenville
	Jehovah's Witness	Stephenville
	Revival Ministries	Boswarlos
	Non-Denominational Christian Faith	St. George's

## **Education**

There are fifteen schools located in the BSG Area including; one primary school, eight elementary/junior high schools, three high schools, two kindergarten to grade 12 schools and one alternative school. There are also two college facilities located in the town of Stephenville. Western College is part of the CompuCollege family and offers a variety of career training courses. The College of the North Atlantic's BSG campus is a large campus consisting of five main buildings. The campus has a residence with a capacity of 170 students and features full dining facilities. Full-time credit course registration is approximately 750 students per semester, with another 100 registered part-time. Upwards of 1000 students participate in continuing education evening courses. The provincial headquarters for College of the North Atlantic is also located in Stephenville.

The Community Education Network (CEN) is a well-established organization that is guided by the principles of community education to offer a wide variety of programs for the residents of the BSG area from pre-birth to seniors.

Table 4 below provides a listing of schools by community for the BSG Area.

Table Four: Schools

<b>School</b>	<b>Type</b>	<b>Community</b>
Appalachia High School	Grades 9 – 12 including students from Stephenville Crossing and St. George’s	St. George’s
EA Butler	Grades K – 12	McKay’s
Ecole Notre Dame du Cap	Grades K – 8 Francophone school	Degrau
Ecole Sainte-Anne La Grande-Terre	Grades K – 12 Francophone school	Mainland
Lourdes Elementary	Grades K – 8	Lourdes
Our Lady of Mercy Elementary	Grades K – 8	St. George’s
Our Lady of the Cape	Grades K – 8 (includes Family Resource Centre/Healthy Baby Club)	Degrau
Pathfinders/Directions Alternative School	This is an alternative educational facility integrating computer-managed curriculum with traditional and innovative teaching and learning opportunities for at risk individuals aged 16-30.	Stephenville
Piccadilly Central High	Grades 9 – 12	Piccadilly
St. Michael’s Elementary	Grades K – 8 (includes Family Resource Centre/Healthy Baby Club)	Stephenville Crossing
St. Thomas Aquinas Elementary	Grades K – 8 (includes Family Resource Centre/Healthy Baby Club)	Port au Port East
Stephenville Primary	Grades K – 3 (offers French Immersion program)	Stephenville
Stephenville Elementary	Grades 4 – 5 (offers French Immersion program)	Stephenville
Stephenville Middle School	Grades 6 – 8 (offers French Immersion program)	Stephenville

School	Type	Community
Stephenville High School	Grades 9 – 12 (offers French Immersion program)	Stephenville
College of the North Atlantic	College level courses	Stephenville & Stephenville Crossing
Western College	College level courses	Stephenville

### Early Learning and Childcare

Early Learning and Childcare is an essential part of healthy child development. In the BSG area, the CEN operates three Healthy Baby Clubs that provide support to pregnant women and their families to help ensure a healthy pregnancy and healthy newborns, nine Family Resource Centres that provide fun and supportive environment for children from birth to age 6 and their parents/caregivers and Child Car Seat Safety clinics. Table 5 below provides a listing of early learning and childcare assets by community for the BSG area.

Table 5: Early Learning and Childcare Assets

Early Learning and Childcare	Community
Ship Cove Family Resource Centre	Ship Cove
Mainland Family Resource Centre	Mainland
Cape St. George Family Resource Centre	Cape St. George
Port au Port East Family Resource Centre	Port au Port East
Lourdes Family Resource Centre	Lourdes
Stephenville Crossing Family Resource Centre	Stephenville Crossing
St. George's Family Resource Centre	St. George's
Flat Bay Family Resource Centre	Flat Bay
Stephenville Family Resource Centre	Stephenville
Stephenville Healthy Baby Club*	Stephenville
Lourdes Healthy Baby Club*	Lourdes
St. George's Healthy Baby Club*	St. George's
Lourdes Elementary Preschool Program	Lourdes
La Prematernelle – Ecole Ste. Anne	Mainland

<b>Early Learning and Childcare</b>	<b>Community</b>
Kindergarten Readiness	Port au Port East
Happy Tots Nursery School	Stephenville Crossing
Jack & Jill Nursery School	Stephenville
Little Jewels Preschool	Stephenville
Care-A-Lot Daycare	Stephenville
Stephenville High School Infant Care Centre	Stephenville

\*It is important to note that these Healthy Baby Clubs service the areas they are located in and the surrounding communities.

### **Community and Volunteer Organizations**

Throughout the BSG area there are a number of community and volunteer based organizations that provide services to the area such as fire departments, recreation committees, social clubs, church groups, sports/recreation programs, youth groups, senior clubs, etc. Table 6 below provides a listing of community and volunteer organizations by community in the BSG area.

Table 6: Community and Volunteer Organizations

<b>Community and Volunteer Organization</b>	<b>Community</b>
Royal Canadian Legion	Stephenville, Jeffrey's
Lions/Lioness Clubs	Stephenville, Stephenville Crossing, McKay's
Kinsmen Club	Stephenville
Knights of Columbus	Stephenville, Stephenville Crossing
Ladies Auxiliary Sir Thomas Roddick Hospital and Bay St. George Long Term Care	Stephenville, Stephenville Crossing
Community Advisory Committee (services entire BSG area)	Stephenville
Community Garden Committee	Kippens
Bay St. George Sick Children's Foundation (services entire BSG area)	Stephenville
Women's Church Groups	Throughout BSG area
Senior's Groups	Throughout BSG area
Newfoundland Aboriginal Women's Network (NAWN)	Stephenville

<b>Community and Volunteer Organization</b>	<b>Community</b>
MADD	Stephenville
BSG Women's Centre (services entire BSG area)	Stephenville
Stephenville Food Bank	Stephenville
Salvation Army Thrift Store	Stephenville
BSG Coalition to End violence (services entire BSG area)	Stephenville
John Howard Society	Stephenville
AA Stephenville	Stephenville
Cancer Support Groups	Stephenville
Drop In Recovery Centre	Stephenville
Westbridge House	Stephenville
Community Education Network (services entire BSG area)	Stephenville
Community Youth Network (services entire BSG area)	Stephenville
Consumers Health Awareness Newfoundland and Labrador (CHANNAL)	Stephenville
Legal Aid Stephenville	Stephenville
Family Justice Services	Stephenville
Stephenville Theatre Festival	Stephenville

### **Public Facilities and Services**

Stephenville is the main centre and most people travel there to attend to their shopping and banking needs. Stephenville is home to Arts and Culture Centre as well as a variety of other services including financial institutions, hotels, restaurants, car dealerships and retail outlets.

The Stephenville International Airport that was built by the United States Air Force as part of the Ernest Harmon Air Force Base is still operational and receives many flights a week.

The West Coast Correctional Centre is a minimum/medium security facility also located in Stephenville. The institution was established in 1978 as a regional provincial correctional facility. In 1996, it was restructured as the primary location to provide core programs for federal and provincial offenders in this province.

Table 7 below provides a listing of Public Facilities and Services by community for the BSG area.

Table 7: Public Facilities and Services

<b>Public Facilities and Services</b>	<b>Community</b>
Grocery Stores	Stephenville, Stephenville Crossing, Lourdes
Convenience Stores	Throughout the BSG area
Stephenville Plaza	Stephenville
Banks	Stephenville, St. George's, Jeffrey's
Hotels	Throughout the BSG area
Restaurants	Throughout the BSG area
Hardware Stores	Throughout the BSG area
Post Office	Throughout the BSG area
Hair Salons	Throughout the BSG area
Gas Stations	Throughout the BSG area
Libraries	Mainland, Lourdes, Cape St. George, Port au Port East, Stephenville, Stephenville Crossing, St. George's, McKay's
Service Canada	Stephenville
BSG Literacy Council (services the entire BSG area)	Stephenville
Arts & Culture Centre	Stephenville
Airport	Stephenville
West Coast Correctional Centre	Stephenville
Museums and Heritage Facilities	Throughout the BSG area
Taxi Services	Stephenville, Stephenville Crossing, West Bay, St. George's
Ride for Ages Bus Service	Based in Jeffrey's but services entire BSG area
Harmon Theatre	Stephenville
Stephenville Recycling Depot	Stephenville
Garage/Auto Body Shops	Throughout the BSG area

## Recreation and Leisure Spaces and Facilities

Recreation and leisure is an important part of the culture in the BSG area. Almost all areas have well-kept ball fields, community playgrounds, hiking/walking trails and campgrounds. The Stephenville Dome constructed for the 1999 Canada Winter Games offers hockey, figure skating, recreational skating, and broomball and has a walking track available for use.

Table 8 below provides a listing of recreation and leisure spaces and facilities by community for the BSG area.

Table 8: Recreation and Leisure Spaces and Facilities

Recreation and Leisure Facility	Community
Ball/Soccer Fields	Throughout BSG area
Play grounds	Throughout BSG area
Harmon Seaside Links Golf Club	Stephenville
Stephenville Dome	Stephenville
St. George's Recreational Facility (includes rink and bowling alley)	St. George's
Caribou Curling Club	Stephenville
BSG YMCA	Stephenville
Francofit	Cape St. George, Mainland
Universal Health Club	Stephenville
Gales Ramp Up Tan & Tone	Stephenville
Port au Port West Leisure	Port au Port West
Curves	Stephenville
Regional Aquatic Centre	Stephenville
Cape St. George Pool	Cape St. George
Walking/Hiking Trails	Stephenville, Stephenville Crossing, Lourdes, Port au Port, Mainland, Piccadilly, Cape St. George
Barachois Provincial Park	20 km from Stephenville on Trans-Canada Highway
Private Camp Grounds	Kippens, Piccadilly, Cape St. George
Whaleback Nordic Ski Park	Cold Brook

<b>Recreation and Leisure Facility</b>	<b>Community</b>
Outdoor Recreation Complex (includes soccer field, tennis court, beach volleyball court, playground, cross country running trail)	Kippens
Snowmobile/ATV Trails	Throughout BSG area
Skateboard Park	Stephenville

### **Recreation and Leisure Organizations**

Access to recreation programs vary throughout the BSG area with the majority of programs being offered in Stephenville. There are some on-going summer programs for children in Stephenville, Stephenville Crossing, St. George’s and Cape St. George. During the school year there are opportunities for children and youth to participate in afterschool programs; however availability varies from school to school. The BSG YMCA is a partnership of volunteers and staff dedicated to promoting the success of individuals, families, and communities by offering YMCA programs that build strength in Spirit, Mind and Body.

Table 9 below provides a listing of recreation and leisure organizations by community for the BSG area.

Table 9: Recreation and Leisure Organizations

<b>Recreation and Leisure Organizations</b>	<b>Community</b>
Stephenville Minor Baseball Association	Stephenville
Stephenville Minor Soccer Association	Stephenville
Stephenville Minor Hockey Association	Stephenville
Stephenville Skating Club	Stephenville
Stephenville Recreation Softball League (Co-ed and Women’s)	Stephenville
Aboriginal Sport and Recreation Circle	Bay St. George
Stephenville Recreation and Leisure Council	Stephenville
Walk-A-Ways Trails and Parks Committee	Stephenville
Dart Leagues (several)	Bay St. George
Bay. St. George Artists Association	Bay St. George
Bay St. George Folk Art Council	Bay St. George



<b>Recreation and Leisure Organizations</b>	<b>Community</b>
Bay St. George Special Olympics Club	Bay St. George
Aqua Aces Swim Club	Stephenville
Lynx 3012 Army Cadets	Lourdes
Calypso 194 Sea Cadets	St. George's
Stephenville District Girl Guides – 2 Sparks groups, 1 Brownie group, 1 Pathfinder group and 1 Ranger group	Stephenville
Stephenville District Scouts – 1 Beaver group, 1 Cub group, 1 Scout group	Stephenville
Flay Bay Indian Band	Flat Bay

### **Other**

Other community assets include community based initiatives supported by volunteer groups like community gardens. There are many festivals, carnivals and fun days, throughout the year in many communities throughout the BSG area. These festivals are often supported and organized by town councils, community groups, and volunteers. Table 10 provides a listing of other assets by community for the BSG area.

Table 10: Other Community Assets

<b>Other Assets</b>	<b>Community</b>
Community Gardens	Stephenville, Kippens
Funeral Homes	Stephenville, Stephenville Crossing
Aunt Jean's Place (for temporary housing support)	Stephenville
Karen's Place (for temporary housing support)	Stephenville (BSG Women's Centre)
<u>Festivals, Carnivals, Fun Days</u> <ul style="list-style-type: none"> <li>• Stephenville Winter Carnival</li> <li>• Bay St. George Mi'kmaq Pow Wow</li> <li>• Stephenville Theatre Festival</li> <li>• Cape St. George &amp; Mainland Folk Festival (Bilingual)</li> <li>• St. George's Blueberry Festival</li> </ul>	Stephenville Flat Bay Stephenville Cape St. George & Mainland  St. George's

## **Conclusion**

The Primary Health Care area for Bay St. George (BSG) includes 6 municipalities: Stephenville, Kippens, Lourdes, Port au Port East, St. George's, and Stephenville Crossing as well as 2 local service districts: Barachois Brook and Bay St. George South. The Town of Stephenville is the main service centre for the surrounding smaller communities. Although the BSG area includes a hospital with many services available in Stephenville, residents still have to travel to either Corner Brook or St. John's for other services including some specialist appointments. Also in the BSG area are 7 rural medical clinics as well as several community based health services such as family physician clinics, pharmacies, dental clinics, physiotherapy and massage therapy clinics, community support services and mental health and addictions services. There are dedicated and volunteer fire departments and ambulance services throughout the area, with RCMP more centrally located in Stephenville.

The BSG area includes fifteen schools and two colleges, many different churches, Family Resource Centre's, and multiple community volunteer organizations and committees. Many of the programs and services provided to the area such as fire departments, recreation committees, senior clubs, sports and recreation programs, youth groups, social clubs, etc. are supported by community volunteers.

The BSG area is home to the Stephenville Dome, Regional Aquatic Centre and BSG YMCA. There are a variety of recreation spaces throughout the area and most communities have access to a playground, soccer field, community or church hall, hiking/walking trails and campgrounds. Access to recreation programming varies from community to community, with much of the programming happening in Stephenville.

There is a large volunteer base in the BSG Area committed to supporting community based programs and initiatives in an effort to improve the overall health and well-being of their community.