

Community Health Assessment Survey PORT SAUNDERS AREA RESULTS 2019-2020

83



**RESPONDENTS FROM
PORT SAUNDERS AREA**

63%



MAJORITY FROM **PORT
SAUNDERS AND PORT
AU CHOIX**

31%



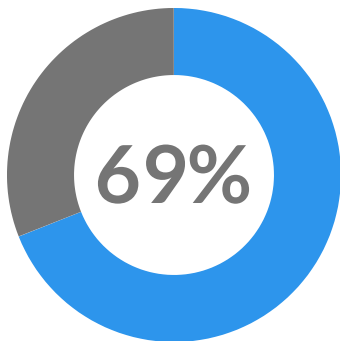
MAJORITY IN THE
46-55 AGE GROUP

HEALTH INFORMATION

HEALTH SERVICES

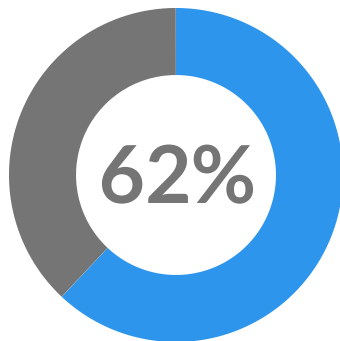
ACCESS

HEALTH STATUS



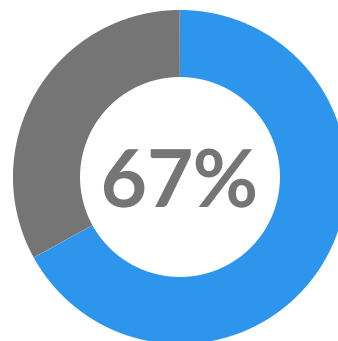
SEARCH THE INTERNET

Majority (69%) of respondents search the internet when they are looking for health related information



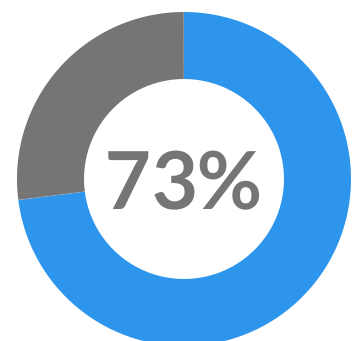
SATISFACTION

Majority (62%) of respondents were satisfied or very satisfied with health care services they used in the past 12 months



REQUIRED HEALTH SERVICES

Majority (67%) of respondents indicated they were able to access a required health service



PHYSICAL HEALTH

Majority (73%) of respondents reported their physical health was excellent or very good

TOP THREE COMMUNITY CONCERNS:

1. Cost of living (31%)
2. Mental health of residents (27%)
3. Addictions (25%)

TOP THREE BEHAVIORS TO IMPROVE HEALTH:

1. Physical activity (100%)
2. Reduce stress (95%)
3. Eat healthier (86%)

TOP THREE WAYS WESTERN HEALTH CAN MAKE A DIFFERENCE:

1. Improve access to primary care services
2. Improve access and wait times for specialist services
3. Improve access to mental health services and supports