

We'll  
help you  
through  
this.



Western  
Health

DoorWays is a single-session, walk-in mental health and addictions counselling service available to youth and adults without an appointment or referral. This service is offered on a first-come, first-served basis.

If you would like to speak with a health care professional about concerns related to topics such as family, health, grief, work, relationships, stress, anxiety, depression, drinking or drug use, please call 811 to find a DoorWays location near you.

DoorWays is not an emergency service.

**In an emergency, call 911**, the Provincial Mental Health Crisis Line at **1-888-737-4668**, or proceed to the nearest emergency department.

## Corner Brook Walk-In Service

Monday: 9-4:30pm (Last walk-in at 3:15pm)

Tuesday: 1-8pm (Last walk-in at 7:00pm)

Thursday: 9-4:30pm (Last walk-in at 3:15pm)

35 Boone's Road  
634-4506

doorways

**Call 811** to find out about mental health and addictions programs and services available in your area.