Community Health Assessment Survey
REGIONAL RESULTS
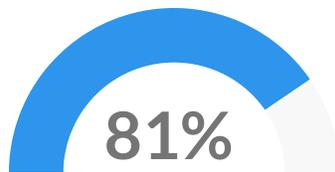## 2022-2023

Western Health

Primary Care Provider

Family/Primary Care Physician or Nurse Practitioner

ACCESS

79%

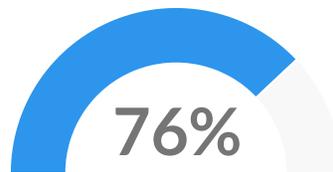Majority (79%) of respondents indicated they had a family/primary care physician or nurse practitioner

SATISFACTION

81%

Majority (81%) of respondents were satisfied or very satisfied with services received from their primary care provider
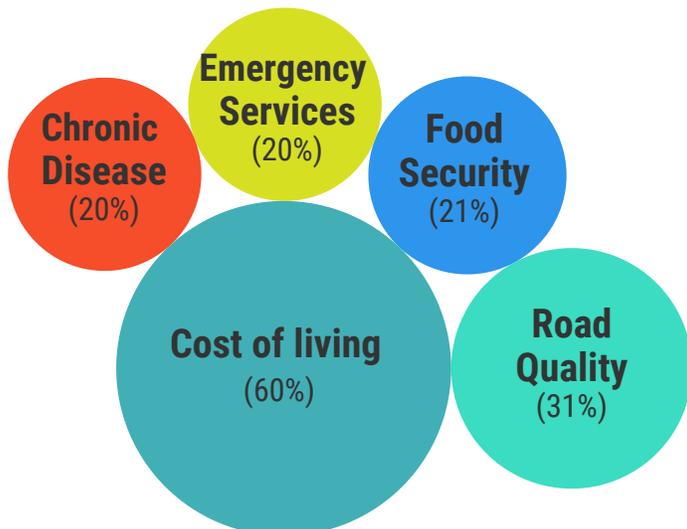
TOP THREE REASONS 8% OF RESPONDENTS WERE DISSATISFIED WITH PROVIDER:

1. Long wait list for appointment
2. Difficult to contact
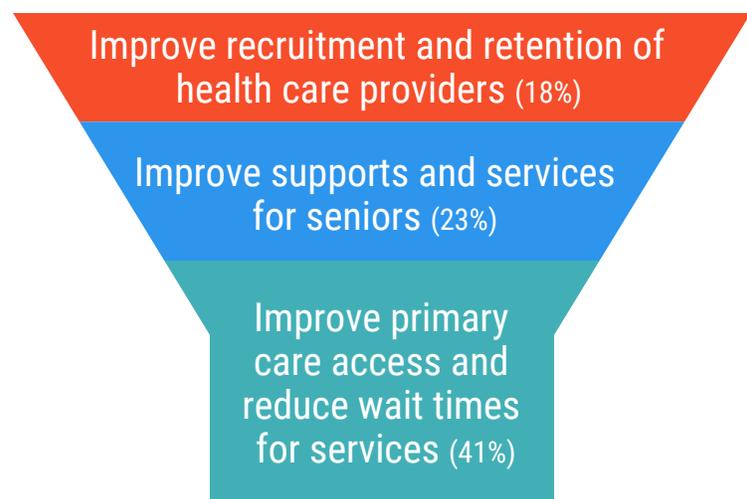3. Appointment rushed or limited to one issue per visit

Health Services

Health care system and continuum of services

ACCESS

76%

Majority (76%) of respondents indicated they were able to access required health services

SATISFACTION

62%

Majority (62%) of respondents indicated they were satisfied or very satisfied with the health care services received

TOP THREE REASONS 24% OF RESPONDENTS WERE NOT ABLE TO ACCESS SERVICES:

1. Wait times too long
2. Unable to get a referral
3. Too far to travel

TOP FIVE COMMUNITY CONCERNS:

- Chronic Disease (20%)
- Emergency Services (20%)
- Food Security (21%)
- Cost of living (60%)
- Road Quality (31%)

TOP THREE WAYS TO IMPROVE CARE AND SERIVCES:

- Improve recruitment and retention of health care providers (18%)
- Improve supports and services for seniors (23%)
- Improve primary care access and reduce wait times for services (41%)

Community Health Assessment Survey
REGIONAL RESULTS
2022-2023

Western Health

1172 RESPONDENTS

55% Female
44% Male
1% Another Gender

RESPONDENTS BY HEALTH NEIGHBOURHOOD

- Port Saunders (9%)
- Bonne Bay (12%)
- Humber Valley/White Bay (17%)
- Corner Brook/Bay of Islands (18%)
- Stephenville/Bay St. George (17%)
- Burgeo (13%)
- Port aux Basques (14%)

54% IN THE 55-74 AGE GROUPS
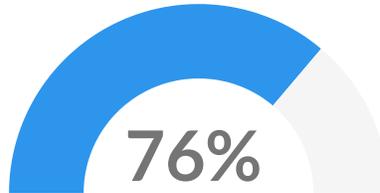
80% HIGH SCHOOL EDUCATION OR HIGHER

HEALTH INFORMATION
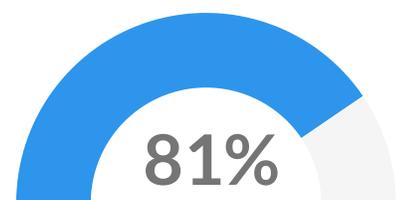
67%
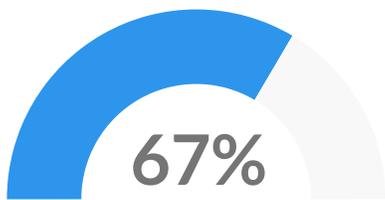
FAMILY DOCTOR / NURSE PRACTITIONER

Majority (67%) of respondents go to their family doctor or nurse practitioner when looking for health-related information

PHYSICAL AND MENTAL HEALTH STATUS

76%

MENTAL HEALTH

Majority (76%) of respondents reported their mental health was good, very good, or excellent

81%

PHYSICAL HEALTH

Majority (81%) of respondents reported their physical health was good, very good, or excellent

TOP THREE CHANGES TO IMPROVE HEALTH:

1. Healthy eating (59%)
2. Physical activity (49%)
3. Reduce stress (38%)

TOP THREE BARRIERS TO CHANGE:

1. Cost too high (28%)
2. Not enough time (25%)
3. Resources or supports not available (21%)

For the full regional and individual Health Neighbourhood reports, visit the Western Health website.