



# Community Health Needs and Resources

---

## Community Asset Listing: Bonne Bay Area

Erica Parsons MSC, RD  
Community Health Manager  
Bonne Bay and Port Saunders Area

August 15, 2018



## Table of Contents

Introduction.....	2
Community Assets Listing.....	2
Health Related Assets.....	2
Table 1: Health Related Assets for the Bonne Bay Area .....	3
Emergency Related Assets .....	5
Table 2: Emergency Related Community Assets .....	5
Churches.....	6
Table 3: Churches.....	6
Education.....	7
Table 4: Schools .....	7
Early Learning and Childcare .....	7
Table 5: Early Learning and Childcare Assets .....	8
Community and Volunteer Organizations-Committees.....	8
Table 6: Community/Volunteer Organizations and Committees .....	8
Public Facilities and Services.....	10
Table 7: Public Facilities and Services.....	10
Recreation and Leisure Spaces and Facilities .....	12
Table 8: Recreation and Leisure Spaces and Facilities .....	13
Recreation and Leisure Organizations .....	13
Table 9: Recreation and Leisure Organizations .....	14
Other.....	14
Table 10: Other Community Assets .....	15
Conclusion .....	15

## Introduction

Community assets include anything that can be used to improve the quality of community life. This may include things such as a physical structure or place, community service or health service. The purpose of the Primary Health Care (PHC) community assets report is to provide insight into the resources that communities have available to them to support health and wellness. Community assets can be used as a foundation for community improvement. Understanding a community's strengths makes it easier to understand what kinds of programs or initiatives might be possible to address the community's needs. The following report provides a summary of Community Assets available in Bonne Bay PHC Area which includes 17 rural communities from Trout River north to Bellburns and spans 187 kms along the coastline of the Northern Peninsula. These communities include: Trout River, Woody Point (including Curzon Village), Winterhouse Brook, GBS (Glenburnie, Birchy Head, and Shoal Brook), Wiltondale, Norris Point, Rocky Harbour, Sally's Cove, St. Paul's, Cow Head, Three Mile Rock, Parsons Pond, Portland Creek, Daniel's Harbour, and Bellburns. It is recognized that while this listing may not include every community asset, it should provide an overview of the major assets available within the health region, with a focus on health and community resources that support individuals and communities in maintaining a safe and healthy environment. Please find below the community assets summary for the Bonne Bay PHC Area.

## Community Assets Listing

### Health Related Assets

The Bonne Bay Health Centre (BBHC) is located in Norris Point and is the only medical facility within a 123 km radius. It provides emergency, acute and long-term care, medical services, radiology, rehab, laboratory, outpatient, and Population Health services such as Community Health, Mental Health and Addictions, and Community Supports. There are also five rural medical clinics throughout the Bonne Bay Area that provide physician and/or nurse practitioner services and community health nursing services (Community Support and Public Health). There are five family practice physician clinics in the area (one fee for service clinic in Norris Point, three salaried physicians who work out of the BBHC and service Trout River and Woody Point Medical Clinics, and one salaried physician who covers Cow Head, Parsons Pond and Daniels Harbour Medical Clinics). Programs and services are delivered to the Bonne Bay Area via various means such as traveling clinics, service outreach, and telehealth. These services include: Speech, Language Pathology, Audiology (for adults only), Behaviour Management Specialist, Chiropractor, and Advanced Foot Care. There are a number of other health related services located in Norris Point and Rocky Harbour; these services include a dental clinic, physiotherapy clinic, Massage therapy, and two pharmacies'. For all other health services and for specialist services residents must travel out of the area to Corner Brook or St. John's. There are no support

groups in the area, with the exception of a regional Alzheimer’s support group that is offered through telehealth at the BBHC.

There are several seniors’ apartments/independent living 50+ facilities (Woody Point, Norris Point, and Parsons Pond) throughout the Bonne Bay Area, as well as a 14 bed long-term care facility at the BBHC. There are no personal care homes, adult day programs, or meals on wheels programs in the area. While there are no meals on wheels programs there are community volunteer groups that provide a similar type of service to seniors around the holidays. This is a very community specific initiative and heavily reliant on volunteers and fund raising.

There are a number of Provincial programs and services that are accessible to all residents of Newfoundland and Labrador by way of toll free numbers, apps and the internet. These programs include the Newfoundland and Labrador Health Line, Planned Parenthood Sexual Health Centre, Bridge the Gapp, Strongest Families, the Smokers help Line and Gambling Help Line. Table 1 provides a listing of health related assets by community for the Bonne Bay Area.

**Table 1: Health Related Assets for the Bonne Bay Area**

Health Asset	Community
<p>Bonne Bay Health Center</p> <ul style="list-style-type: none"> <li>• 14 Long term care beds</li> <li>• 8 Acute care beds</li> <li>• Medical Services</li> <li>• Nursing Services</li> <li>• Emergency Care Services (24 hr coverage)</li> <li>• Out-Patient Clinics</li> <li>• Palliative Care Services</li> <li>• Laboratory &amp; Diagnostic Services</li> <li>• Dietitian Services</li> <li>• Occupational Therapy Services</li> <li>• Physiotherapy Services</li> <li>• Acute Care Social Work</li> <li>• Recreation Therapy Services</li> <li>• Pastoral Care and Volunteer Services</li> <li>• Pharmacy Services (Coordinated through WMRH)</li> <li>• Population Health Services which include:               <ul style="list-style-type: none"> <li>○ Community Health Services</li> <li>○ Community Support Services</li> <li>○ Mental Health and Addictions</li> </ul> </li> </ul>	<p>Norris Point</p>

Health Asset	Community
Rural Medical Clinics (5) <ul style="list-style-type: none"> <li>• Physician Services</li> <li>• Community Health Nursing Services – Public Health and Community Supports</li> <li>• Pharmacy Services (Cow Head, Parsons Pond, and Daniels Harbour); Note: there are no pharmacy services at Woody Point or Trout River Clinics but prescriptions are delivered weekly to the area via a bus service)</li> <li>• Blood Collection (Woody Point and Cow Head)</li> </ul>	Trout River, Woody Point, Cow Head, Parsons Pond, Daniels Harbour
Telehealth Services (Equipment at Woody Point Medical Clinic and BBHC)	Woody Point, Norris Point
Gros Morne Medical Clinic (Fee for Service Family Practice Physician)	Norris Point
Norris Point Dental Clinic	Norris Point
Bonne Bay Cottage Hospital Physiotherapy and Fitness (Private Practitioner)	Norris Point
Massage Therapy (Private Practitioner)	Norris Point
Pharmacies (2)	Norris Point, Rocky Harbour
Serenity on the Rock Addictions Treatment Center (Private Inpatients Addictions Treatment Center)	Glenburnie
Support Groups (1) <ul style="list-style-type: none"> <li>• Regional Alzheimer’s Support Group (telehealth)</li> </ul>	Norris Point (BBHC)
Seniors Apartment’s/Independent Living 50 + (3)	Woody Point, Norris Point, Parsons Pond
Provincial Health Programs and Services <ul style="list-style-type: none"> <li>• NL Health Line</li> <li>• Smokers Help Line</li> <li>• Gambling Help Line</li> <li>• NL Planned Parenthood Sexual Health Center</li> <li>• Bridge the Gapp App</li> <li>• Strongest Families Program</li> </ul>	Provincial

## Emergency Related Assets

Emergency health services such as volunteer fire departments and ambulance services are scattered throughout the Bonne Bay area with the hub for regional services, such as the BBHC Emergency Department, RCMP, and Search and Rescue, centrally located in Norris Point and Rocky Harbour. There are three Community Trauma Response Teams that services the Bonne Bay Area providing support and trauma debriefing following a distressing event. There are a number of Provincial emergency services that are accessible to all residents of Newfoundland and Labrador, such as the 911 service, Kids Help Line, Mental Health Crisis line, Sexual Assault Crisis Line and Services for Victims of Violence. Table 2 provides a listing of emergency related assets by community for the Bonne Bay Area.

**Table 2: Emergency Related Community Assets**

<b>Emergency Asset</b>	<b>Community</b>
BBHC Emergency Department	Norris Point
Tryco Ambulance Service – Privately owned (Servicing Rocky Harbour, Norris Point, Woody Point/Trout River area and Sally’s Cove)	Norris Point and Woody Point
Cow Head Ambulance Service – Community Owned (Servicing Cow Head and St. Paul’s)	Cow Head
Daniels Harbour Ambulance Service – Community Owned (Servicing Parsons Pond, Daniels Harbour, Portland Creek, and Bellburns)	Daniels Harbour
Volunteer Fire Departments (9)	Trout River, Woody Point, Norris Point, Rocky Harbour, St. Paul’s, Cow Head, Parsons Pond, Daniels Harbour, Bellburns
Bonne Bay Search and Rescue	Norris Point
Canadian Rangers (Affiliated with the Canadian Forces) Based in Birchy Head	Services the Bonne Bay Area
RCMP Rocky Harbour Detachment (services Trout River to Portland Creek)	Rocky Harbour
RCMP Port Saunders Detachment (services Daniels Harbour and Bellburns)	Port Saunders
Community Trauma Response Teams (3) <ul style="list-style-type: none"> <li>• Community Trauma Response Team (Services Norris Point to Parsons Pond)</li> <li>• Community Trauma Response Team (Services Woody Point – Trout River)</li> <li>• Community Trauma Response Team (Services Portland Creek to Bellburns)</li> </ul>	Norris Point  Deer Lake  Port Saunders (in development stage)

Emergency Asset	Community
Provincial Emergency Programs and Services <ul style="list-style-type: none"> <li>• 911</li> <li>• Kids Help Line</li> <li>• Mental Health Crisis Line</li> <li>• Sexual Assault Crisis Line</li> <li>• Services for Victims of Violence</li> </ul>	Provincial

## Churches

There are many churches throughout the Bonne Bay Area, with the most common denomination being Anglican. While churches have a strong presence in many communities it should be noted that several churches are used only for funerals and weddings as a result of outmigration, an aging population, and limited new members joining the church. Table 3 provides a listing of churches by community for the Bonne Bay Area.

**Table 3: Churches**

Denomination	Church	Community
<i>Roman Catholic</i>	Holy Spirit	Norris Point
	Our Lady of the Coast	St. Paul's
	Our Lady of Perpetual Help	Parsons Pond
<i>Anglican</i>	St. Simon St. Jude Anglican Church	Trout River
	Church of the Epiphany	Woody Point
	Church of the Resurrection	Birchy Head
	Church of the Good Sheppard	Norris Point
	St. Matthews	Rocky Harbour
	St. Paul's Anglican Church	St. Paul's
	St. Mary's	Cow Head
	St. Peters	Parsons Pond
	Holy Cross	Daniels Harbour
	St. Josephs	Portland Creek
<i>United</i>	St. Luke's	Norris Point
	Wesley United Church	Rocky Harbour
	Trout River United Church	Trout River
	St. Andrews	Woody Point
	United Church	GBS
<i>Pentecostal</i>	Gros Morne Community Church	Rocky Harbour
	Pentecostal Church	GBS

Denomination	Church	Community
<i>Other</i>	Salvation Army	Trout River
	Kingdom Hall of Jehovah's Witnesses	Rocky Harbour
	Gospel Hall (3)	Rocky Harbour, Parsons Pond, Daniels Harbour

## Education

There are five Kindergarten (K) to 12 schools located throughout the Bonne Bay area. The two largest schools are Gros Morne Academy (GMA) in Rocky Harbour and Long Range Academy (LRA) in Cow Head. Due to a small population in some areas of the Bonne Bay region schools have implemented multi-grade learning and computer based/distance learning (CDLI). There is a community health nurse assigned to all schools within the Western Region, as well as a youth outreach worker as part of the support team for schools in the Bonne Bay Area. Norris Point is also the home to Memorial University's Marine Station. Table 4 provides a listing of schools by community for the Bonne Bay Area.

**Table 4: Schools**

School	Type	Community
Bonne Bay Academy (BBA)	K to 12 School	Woody Point
Jakeman All Grade (JAG)	K to 12 School	Trout River
Gors Morne Academy (GMA)	K to 12 School	Rocky Harbour
Long Range Academy (LRA)	K to 12 School	Cow Head
Holy Cross All Grade (HC)	K to 12 School	Daniels Harbour
Marine Biology Station (Memorial University)	University	Norris Point

## Early Learning and Childcare

The majority of the Bonne Bay area, from Trout River north to Parsons Pond, is serviced by the Tree House Family Resource Centre located in Deer Lake. There are two designated satellite sites, one located in Trout River/Woody Point and other in the Norris Point/Rocky Harbour. The more northern part of the Bonne Bay region (Portland Creek to Bellburns) is serviced by the Kids First Family Resource Center based out of Port Saunders. There are currently no formal regulated child care centers in the Bonne Bay area; however there are a number of unregulated



family home child care services throughout the area. Table 5 provides a listing of early learning and childcare assets by community for the Bonne Bay Area.

**Table 5: Early Learning and Childcare Assets**

<b>Early Learning and Childcare</b>	<b>Community</b>
Tree House Family Resource Centre and Healthy Baby Club <ul style="list-style-type: none"> <li>• Satellite Site Bonne Bay South</li> <li>• Satellite Site Bonne Bay Central</li> </ul>	Trout River, Woody Point Norris Point/Rocky Harbour
Kids First Family Resource Center and Healthy Baby Club <ul style="list-style-type: none"> <li>• Satellite Site Bonne Bay North</li> </ul>	Daniels Harbour
Unregulated Family Home Child Care <sup>1</sup>	Several throughout the Bonne Bay Area

## Community and Volunteer Organizations-Committees

The Bonne Bay area has a vast geography that is entirely rural and thus many of the programs and services provided to the area such as town councils, fire departments, recreation committees, social clubs, sports/recreation programs, youth groups, seniors clubs, etc. are supported solely by community volunteers. Table 6 provides a listing of community and volunteer organizations by community for the Bonne Bay Area.

**Table 6: Community/Volunteer Organizations and Committees**

<b>Community and Volunteer Organization/Committee</b>	<b>Community</b>
Lions Club (2)	Trout River, Norris Point
Kinsmen Club	Rocky Harbour
Royal Canadian Legion	Woody Point
Bonne Bay Hospital Auxiliary	Norris Point
Rocky Harbour Regional Women's Committee	Rocky Harbour
Anglican Church Women's (ACW's) (4)	Cow Head, Parsons Pond, Trout River, Birchy Head

<sup>1</sup> In NL a person can provide family home child care without a provincial licence. This individual is legally obligated to care for only four children at any given time, including their own children under the age of 13 years.  
[http://www.ed.gov.nl.ca/edu/family/childcare/pdf/Unregulated\\_Family\\_Home\\_Child\\_Care\\_Fact\\_Sheet2017.pdf](http://www.ed.gov.nl.ca/edu/family/childcare/pdf/Unregulated_Family_Home_Child_Care_Fact_Sheet2017.pdf)

<b>Community and Volunteer Organization/Committee</b>	<b>Community</b>
Anglican Church Vestry and Parish Council (several)	Throughout the Bonne Bay Area
United Church Women (UCW)	Rocky Harbour
Pentecostal Women's Ministry (2)	Rocky Harbour, GBS
Seniors Clubs (8)	Trout River, Woody Point, Norris Point, Rocky Harbour, Cow Head, Parsons Pond, Daniels Harbour, Bellburns
Pentecostal Group Programming <ul style="list-style-type: none"> <li>• Programming for Children age 0 to 5</li> <li>• Programming for Children age 5 to 11</li> <li>• Programming for Youth age 12 to 18</li> <li>• Programming for young adults age 19+</li> </ul>	Rocky Harbour (4), Woody Point
Firettes (4)	Norris Point, Rocky Harbour, Trout River, St. Paul's
Gros Morne Co-Op Association <ul style="list-style-type: none"> <li>• Creative Gros Morne</li> <li>• GMIST (Gros Morne Institute for Sustainable Tourism)</li> <li>• Gros Morne Gatherings</li> <li>• STAR (Strategic Tourism for Areas and Regions)</li> </ul>	Rocky Harbour
Conservation and Heritage Committee (2)	Cow Head, Trout River
Bonne Bay Cottage Hospital Heritage Corporation	Norris Point
CBDC Nortip War Memorial Committee	Cow Head
VOBB Radio Station	Norris Point
Community Channel (Run by Kinsmen Club)	Rocky Harbour, Norris Point
Community Advisory Committee (services entire Bonne Bay Area)	Norris Point
Canadian Red Cross Community Representative (2)	Rocky Harbour, Woody Point
Mothers Against Drunk Driving (MADD) Community Representative	Rocky Harbour
Students Against Drunk Driving (SADD) (GMA and LRA)	Rocky Harbour, Cow Head
Library Boards (5)	Woody Point, Norris Point, Rocky Harbour, Cow Head, Daniels Harbour

<b>Community and Volunteer Organization/Committee</b>	<b>Community</b>
Board of Directors - seniors apartments/ Independent Living 50+ complex (3)	Woody Point, Norris Point, Parsons Pond
Recreation Committees	See Recreation and Leisure Organizations/Committees section

## Public Facilities and Services

Much of the industry within the Bonne Bay area is geared towards tourism, thus many services (restaurants, motels, cabins, B&B's, craft stores, Museums and Heritage Facilities, Parks Canada facilities, tour guides, outfitters, etc.) are seasonal in nature. Services and amenities vary greatly from community to community. Some communities have more services and community resources available to them than others. Communities in the more northern section of the Bonne Bay Area (Portland Creek-Daniels Harbour- Bellburns) have limited access to basic amenities such as a gas station and must travel 30 to 45 minutes one way to get gas. Services are generally scattered throughout the Bonne Bay Area, with Norris Point and Rocky Harbour serving as a hub for many of the nearby more northern Communities; and Woody Point serving as the hub for the south-side of Bonne Bay with a slightly broader array of services.

Throughout the Bonne Bay area there are quite a few small scale grocery stores (for the purpose of this document: a store that primarily sells food/grocery items), however there are no larger Supermarkets. There are also a number of general retail stores throughout the area that sell a variety of food/grocery items in addition to other items such as hardware, household items and items for general everyday needs. In addition to the small scale grocery stores and the general retail stores, there are also a few convenience stores, typically attached to the local gas station, where you can purchase a limited selection of basic shelf items. Table 7 provides a listing of Public Facilities by community for the Bonne Bay Area.

**Table 7: Public Facilities and Services**

<b>Public Facility</b>	<b>Community</b>
Parks Canada	Rocky Harbour, Woody Point, Glenburnie
Department of Transportation and Works	Rocky Harbour, Glenburnie
Post Office (several)	Throughout the Bonne Bay Area
Department of Fisheries and Oceans	Rocky Harbour
Central Development Association	Parsons Pond

Public Facility	Community
Service Canada Center	Rocky Harbour
Tourism, Culture, Industry and Innovation (services Bonne Bay Area)	Based in Port Saunders
Funeral Home Services	Service outreach from Deer Lake
Bank of Montreal	Rocky Harbour
Craft Stores (Several)	Throughout the Bonne Bay Area
Town Council Offices (9)	GBS, Woody Point, Trout River, Norris Point, Rocky Harbour, St. Paul's, Cow Head, Parsons Pond, Daniels Harbour
Public Library's (5)	Woody Point, Norris Point, Rocky Harbour, Cow Head, Daniels Harbour
Community Access Program (Public Internet Access) through Libraries (5)	Woody Point, Norris Point, Rocky Harbour, Cow Head, Daniels Harbour
Museums and Heritage Facilities (10)	Trout River (1), Woody Point (2), Wiltondale (1), Norris Point (2), Rocky Harbour (2), Cow Head (1), Daniels Harbour (1)
Trout River Interpretation Center	Trout River
Woody Point Heritage Theater	Woody Point
Gros Morne Summer Music	Woody Point
Theater Newfoundland and Labrador	Cow Head
Gas Stations and Convenience Stores <sup>2</sup> (7)	Trout River, Woody Point, GBS, Wiltondale, Norris Point, Rocky Harbour, St. Paul's
Grocery Stores <sup>3</sup> (9)	Rocky Harbour (3), Norris Point, St. Paul's, Cow Head, Parsons Pond, Daniels Harbour, Woody Point
General Merchandise Stores <sup>4</sup> (4)	Parsons Pond, Woody Point, Birchy Head, Trout River
Fish Plant/Processor/Buyer (3)	Woody Point, Trout River, Rocky Harbour

<sup>2</sup> A **Convenience Store** is an establishment primarily engaged in retailing a limited line of convenience items that generally include milk, bread, soft drinks, snacks, tobacco products, newspapers and magazines. These establishments may retail a limited line of canned goods, dairy products, household paper and cleaning products, as well as alcoholic beverages ( <https://www.ic.gc.ca/app/scr/app/cis/summary-sommaire/44512>)

<sup>3</sup> A **Grocery Store** is defined as an industry group comprised of establishments primarily engaged in retailing a general line of food products. ( <https://www.ic.gc.ca/app/scr/app/cis/summary-sommaire/4451>)

<sup>4</sup> A **General Merchandise Store** is an establishment primarily engaged in retailing a general line of merchandise that may, or many not, include a general line of grocery items. (<https://www.ic.gc.ca/app/scr/app/cis/summary-sommaire/452>)

<b>Public Facility</b>	<b>Community</b>
Hardware Store	Rocky Harbour
Snowmobile and ATV retailer (2)	GBS
Hair Salons (several)	Throughout the Bonne Bay Area
Garage/Auto Body Shops (5)	GBS, Woody Point, Rocky Harbour (2), Cow Head
Marine Repair Services	Rocky Harbour
Construction Services and Contractors (several)	Throughout the Bonne Bay Area
Accommodations: Motels, Country Inns, Cabins, and B&B's (Several)	Throughout the Bonne Bay Area
Accommodations: Apartments, Affordable Housing (several)	Rocky Harbour, Norris Point, Cow Head
Restaurants/Take-outs/Cafes (Several)	Throughout the Bonne Bay Area
Courier Services (Several) – based outside the Bonne Bay Area	Throughout the Bonne Bay Area
Bus Rental Services (2)	Rocky Harbour, Woody Point
Taxi Service (4)	Rocky Harbour, Woody Point, Trout River (2)
Bon Tours Water Taxi (Norris Point to Woody Point)	Norris Point
Gros Morne Recycling Depot	Rocky Harbour
Tour Guides and Outfitters (several)	Throughout the Bonne Bay Area

## **Recreation and Leisure Spaces and Facilities**

There are a variety of recreation spaces throughout the Bonne Bay Area; most communities have access to a playground, soccer field, community or church hall, hiking/walking trails, and campgrounds. Gros Morne National Park is located within the Bonne Bay Area boundaries (Trout River to just North of Cow Head) thus providing additional opportunities for recreation (camping, hiking, cross country skiing, swimming, boat tours, guided nature walks, etc.). There are two regional facilities located in Rocky Harbour: Gros Morne Arena Complex (open October to April) and Gros Morne Pool (open July and August), as well as an indoor natural ice rink located in Woody Point (winter season and weather dependent). Table 8 provides a listing of recreation and leisure spaces and facilities by community for the Bonne Bay Area.

**Table 8: Recreation and Leisure Spaces and Facilities**

<b>Recreation and Leisure Facility</b>	<b>Community</b>
Parks Canada Visitors Center	Rocky Harbour
Parks Canada Discovery Center	Woody Point
Gros Morne Pool	Rocky Harbour
Gros Morne Arena	Rocky Harbour
Natural Ice Indoor Skating Rink	Woody Point
Community Hall/Town Hall (7)	Woody Point, Trout River, GBS, Norris Point, Rocky Harbour, Cow Head, Parsons Pond
Church Halls (several)	Throughout the Bonne Bay Area
Playgrounds (Several)	Throughout the Bonne Bay Area
Ball/Soccer fields (Several)	Throughout the Bonne Bay Area
Walking/Hiking Trails (Several)	Throughout the Bonne Bay Area
Cross Country Ski Trails (4)	Rocky Harbour (2), Cow Head, Wiltondale
Golf Course	St. Paul's
ATV Trail	Rocky Harbour
Campgrounds (several)	Throughout the Bonne Bay Area

## Recreation and Leisure Organizations

Access to recreation programs vary throughout the Bonne Bay Area. There are a few on-going summer programs targeting children and youth in Norris Point and Rocky Harbour, such as the Summer Day Camp Program, a Kayaking program, a Mountain Biking program (Sprockids) and a Healthy Dance program (this program is for adults as well). There is open swim/family swim and swimming lessons offered at the Pool in Rocky Harbour during July and August, as well as a local youth swim team. During the school year there are opportunities for children and youth to participate in afterschool programs; however the availability of these programs vary from school to school. During the winter months there is opportunity to participate in Hockey (Minor Hockey and an Adult Recreation League), as well as cross country skiing and snowshoeing. Many community groups like the Kinsmen, Lions Club, Recreation Committees, and other volunteer groups support a variety of community recreational activities such as Bingo, community dances, winter carnivals, garden parties, family fun days, etc. Table 9 provides a listing of recreation and leisure organizations by community for the Bonne Bay Area.

**Table 9: Recreation and Leisure Organizations**

<b>Recreation and Leisure Organizations</b>	<b>Community</b>
Recreation Committees (4)	Rocky Harbour, St. Paul's-Cow Head-Parsons Pond, Woody Point, GBS
Community Active Living Committee (CALC)	Joint Norris Point-Rocky Harbour
Minor Hockey Association	Rocky Harbour
Recreation Hockey (Adults)	Rocky Harbour, Woody Point
Gros Morne Piranhas Swim Team	Rocky Harbour
Gros Morne Pool Swimming lessons	Rocky Harbour
Summer Day Camp Program	Norris Point, Rocky Harbour
Healthy Dance Program	Norris Point
Youth Kayaking Program	Norris Point
Sprockids Mountain Biking Program	Rocky Harbour
School Volleyball Team	Rocky Harbour
School Badminton Team	Rocky Harbour, Woody Point
School Running Club	Rocky Harbour, Trout River, Woody Point
After School Programs (several)	Rocky Harbour, Cow Head
Girl Guides	Woody Point
Dart Leagues (several)	Throughout the Bonne Bay Area
Bingo (several)	Throughout the Bonne Bay Area
Sewing/Quilting/Rug Hooking Groups	Rocky Harbour, Birchy Head, Woody Point, Cow Head
Boat Tours (5)	Norris Point, Rocky Harbour, Western Brook, Woody Point, Trout River
Kayaking Rentals	Norris Point

## Other

Other community assets include community based initiatives supported by volunteer groups like that of the Community Freezer Program in Rocky Harbour, the community greenhouse and garden in Norris Point, as well as the community garden in Woody Point. There are many festivals, carnivals, and fun days, throughout the year in many communities throughout the

Bonne Bay Area. These festivals are often supported and organized by town councils, community groups, and volunteers, and create an engaging community environment. Table 10 provides a listing other assets by community for the Bonne Bay Area.

**Table 10: Other Community Assets**

Other Assets	Community
<i>Community Programs and Events</i>	
• Community Freezer Program	Rocky Harbour
• Community Greenhouse and Gardens	Norris Point
• Community Garden	Woody Point
• Vacation Bible School for Kids	Rocky Harbour
<i>Festivals, Carnivals, Fun Days</i>	
• Trails, Tales and Tunes Festival (May)	Norris Point
• Writers Festival (August)	Woody Point
• Gros Morne Fall Festival (Sept.-Oct.)	Cow Head
• GBS Fall Festival (Sept.)	GBS
• Bonne Bay Regatta (July)	Woody Point
• Bang Belly Festival (Aug.)	Trout River
• Lobster Festival (July)	Cow Head
• Parsons Pond Festival (August)	Parsons Pond
• St. Paul's Fun Days (July)	St. Paul's
• Canada Day Parade and Events (3)	Norris Point, Rocky Harbour, Woody Point
• Winter Carnivals (2)	Norris Point, Rocky Harbour
• Comedy Festival (July)	Woody Point
• Garden Party (Aug.)	Norris Point

## Conclusion

The Bonne Bay Area includes 17 rural communities from Trout River north to Bellburns and spans 187 kms along the coastline of the Northern Peninsula. There are a variety of primary health care and emergency services scattered throughout the Bonne Bay region, with the hub for most of the services being Norris Point and Rocky Harbour. The Bonne Bay Area includes a Health Center and five rural medical clinics, several community based health services such as family physician clinics, pharmacies, a dental clinic, physiotherapy and massage therapy clinic,



an addictions treatment center, and several services delivered via traveling clinics, service outreach and telehealth. While there are not many support groups in the area (Regional Alzheimer's Support Group), there are a number of Provincial programs and services that are available to the area such as the Health Line, Smokers Help Line, Gambling Health Line, Planned Parenthood Sexual Health Center, Bridge the Gapp and Strongest Families. In regards to emergency related community assets there are a number of volunteer fire departments and ambulance services throughout the area, with RCMP and Search and Rescue more centrally located in Rocky Harbour. There are also Provincial programs and services available to the area such as 911, Kids Help Line, the Mental Health Crisis Line, Sexual Assault Line, and Services for Victims of Violence.

The Bonne Bay Area includes five (kindergarten to Grade 12) schools, many different churches, Family Resource Center satellite sites, and multiple community volunteer organizations and committees. Many of the programs and services provided to the area such as town councils, fire departments, recreation committees, seniors clubs, sports and recreation programs, youth groups, social clubs, etc. are supported by community volunteers.

The Bonne Bay Area is home to Gros Morne National Park, and much of the industry in the area supports tourism and is seasonal in nature (many restaurants, accommodations, craft stores, museums and heritage facilities, festivals, etc.). There are a variety of recreation spaces throughout the area and most communities have access to a playground, soccer field, community or church hall, hiking/walking trails and campgrounds. There are two regional recreation facilities: Gros More Arena Complex (open from late-October to early April) and Gros Morne Pool (open July and August). Access to recreation programming varies from community to community, with much of the programming happening in Norris Point and Rocky Harbour (Summer Day Camp Program, Youth Kayaking Program, Youth Mountain Biking program, Healthy Dance Program, Hockey, swim team and swimming lessons).

While the Bonne Bay Area may not have access to the variety of amenities seen in more urban areas (e.g. Malls/retailers, Multipurpose Recreation Centers, YMCA's, big box stores, large grocery stores, public transportation, etc.) there are many health and community services available in the area, or to the area by way of traveling clinics.