Sir Thomas Roddick Hospital Acute Care Patient Experience Survey Results 2017-2018



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Background

Survey Instrument

The validated acute care experience survey that was administered throughout the Western Health region was an approved Accreditation Canada Client Experience Survey based on the Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS). The Accreditation Canada Client Experience Survey was modified to meet the needs of Western Health (see Appendix A).

Method

The survey was available to complete electronically through Google Forms or by paper from April 17 to June 23, 2017. Staff promoted the survey to all patients who were discharged from an acute care site across the region by providing an information letter. The letter contained information about the survey as well as instructions on how to complete the survey electronically. Patients were also given the option to complete a paper version of the survey if they preferred. Based on low survey response rates at some sites, telephone surveys were conducted from July 1 to October 15, 2017. In an attempt to increase the response rate, a random sample of patients who visited acute care at sites with low response rates were called and asked to participate in the survey over the phone. While the electronic survey remained available until October 15, 2017, the survey was not promoted by acute care staff during this time.

Participants

The survey was promoted to all patients who received acute care among Western Health's facilities. This includes Calder Health Centre (CHC) in Burgeo, Dr. Charles LeGrow Health Centre (LHC) in Port aux Basques, Sir Thomas Roddick Hospital (STRH) in Stephenville, Western Memorial Regional Hospital (WMRH) in Corner Brook, Bonne Bay Health Centre (BBHC) in Norris Point, and Rufus Guinchard Health Centre (RGHC) in Port Saunders. For the telephone surveys, a list of patients 16 years and older who utilized acute care services at sites with low survey response rates between

April and June 2017 was generated by Information Management. From this list, a random sample of patients was called. Measures were taken to ensure that telephone calls were not made to patients who were deceased.

Privacy, Confidentiality, Data Security

Privacy and confidentiality were achieved as the patients voluntarily and anonymously completed the survey online. Patients who completed the survey on paper or over the telephone did so with no identifying information on the envelope or survey to identify the individual. Any information that could potentially identify the patients was deleted. The data was stored on a password protected computer and surveys were stored in a locked office used by Long Term Care, Rural Health, and Quality staff.

Data Analysis

All data was compiled, transferred, and analyzed using Statistical Package for Social Sciences (SPSS). Descriptive statistics were calculated on regional data to obtain a general perspective of patient experiences with acute care services at Western Health. Statistics were also calculated for WMRH, STRH, and the rural health centres (RGHC, BBHC, LHC, & CHC) to assist in quality improvement initiatives and planning at a site level. The following report provides a summary of survey results for STRH.

Results

Demographics

A total of 36 surveys were completed by patients who received acute care at the STRH site. To gain a more thorough understanding of the demographics and health status of the survey respondents, they were asked to report their age group (see Table 1) and their highest grade or level of school completed (see Table 2). They were also asked to rate their overall health. The majority of the respondents were in the 76+ age group (22.2%) and were a college graduate or higher (33.3%). When asked to rate their overall health, 11.1% reported excellent, 16.7% reported very good, 25% reported good, 27.8% reported fair, and 19.4% reported poor.

Table 1. Frequency and Percentage of Respondents by Age Group

Age Group	Percent (%)	Frequency
16-20	0	0
21-25	2.8	1
26-30	0	0
31-35	5.6	2
36-40	0	0
41-45	2.8	1
46-50	0	0
51-55	8.3	3
56-60	13.9	5
61-65	25.0	9
66-70	11.1	4
71-75	8.3	3
76+	22.2	8
Missing	0	0

Table 2. Frequency and Percentage of Respondents by Education Level

Education Level	Percent (%)	Frequency
8 th grade or less	19.4	7
Some high school, but did not graduate	22.2	8

Education Level	Percent (%)	Frequency
High school graduate or GED	11.1	4
Some college	11.1	4
College graduate or higher	33.3	12
Missing	2.8	1

Nursing Care

Respondents were asked about nursing care during their acute care visit (see Table 3). Most respondents reported that nurses always or usually treated them with courtesy and respect (88.9%), listened carefully to them (88.9%), explained things in a way they could understand (88.9%), and they received help as soon as they wanted it (80%).

Table 3. Nursing Care

Question	Never % (N)	Sometimes % (N)	Usually % (N)	Always % (N)
How often did the nurses treat you with courtesy and respect?	0 (0)	11.1 (4)	8.3 (3)	80.6 (29)
How often did the nurses listen carefully to you?	5.6 (2)	5.6 (2)	5.6 (2)	83.3 (30)
How often did the nurses explain things in a way you could understand?	2.8 (1)	8.3 (3)	5.6 (2)	83.3 (30)
After you pressed the call button, how often did you get help as soon as you wanted it?	8.6 (3)	11.4 (4)	22.9 (8)	57.1 (20)

Care from Doctors

Patients were also asked about the care they received from doctors (see Table 4). Consistent with the feedback about nurses, most patients reported that doctors usually or always treated them with courtesy and respect (91.7%), listened carefully to them (94.5%), explained things in a way they could understand (91.7%), and they felt involved in decisions about their own care and treatment (77.8%).

<u>Table 4. Care from Doctors</u>

Question	Never	Sometimes	Usually	Always
	% (N)	% (N)	% (N)	% (N)
How often did doctors treat you with courtesy and respect?	2.8 (1)	5.6 (2)	11.1 (4)	80.6 (29)

Question	Never % (N)	Sometimes % (N)	Usually % (N)	Always % (N)
How often did doctors listen carefully to you?	5.6 (2)	2.8 (1)	13.9 (4)	80.6 (29)
How often did doctors explain things in a way you could understand?	2.8 (1)	5.6 (2)	13.9 (5)	77.8 (28)
How often did you feel involved in decisions about your care and treatment?	8.3 (3)	13.9 (5)	13.9 (5)	63.9 (23)

Hospital Environment

Survey participants were asked about the hospital environment during their acute care stay (see Table 5). Most patients reported that usually or always their room and bathroom was clean (91.7%), the area around their room was quiet at night (88.9%), they had enough privacy (88.9%), and healthcare providers washed their hands or used hand sanitizer (88.9%).

<u>Table 5. Hospital Environment</u>

Question	Never % (N)	Sometimes % (N)	Usually % (N)	Always % (N)
How often was your room and bathroom kept clean?	0 (0)	8.3 (3)	16.7 (6)	75 (27)
How often was the area around your room quiet at night?	0 (0)	11.1 (4)	38.9 (14)	50.0 (18)
How often did you feel you had enough privacy?	0 (0)	11.1 (4)	25.0 (9)	63.9 (23)
How often did you healthcare providers wash their hands or use hand sanitizer before and after providing your care?	5.6 (2)	5.6 (2)	11.1 (4)	77.8 (28)

Meals

Patients were asked about their meals during their acute care visit (see Table 6). Patients usually or always received the right meal for their diet (83.3%), and the meals were usually or always the right temperature (75%).

Table 6. Meals

Question	Never % (N)	Sometimes % (N)	Usually % (N)	Always % (N)
How often did you receive the right meal for your diet?	2.8 (1)	13.9 (5)	13.9 (5)	69.4 (25)
How often were the meals the right temperature?	0 (0)	25.0 (9)	11.1 (4)	63.9 (23)

Hospital Experience

Participants were asked if during their acute care visit they needed help from nurses or other hospital staff in getting to the bathroom or using the bedpan and 53.1% reported yes, and 46.9% reported no. Of the 53.1% of patients who indicated they needed help, 81.3% reported they usually or always got help as soon as they needed, and 18.8% reported sometimes.

Pastoral Care

Patients were asked if their religious and/or spiritual needs were met and 65.5% reported yes, and 34.5% reported no.

Patient Experience with Pain

Respondents were asked if during their acute care visit they needed medication for pain and 56.3% reported yes. The respondents who indicated that they needed medication for pain were asked to indicate how often their pain was well controlled and how often staff did everything they could to help with pain (see Table 7). Nearly 73% reported that their pain was always or usually well controlled, and 83.3% reported that staff always or usually did everything they could to help with pain.

Table 7. Patient Experience with Pain

Question	Never % (N)	Sometimes % (N)	Usually % (N)	Always % (N)
How often was your pain well controlled?	11.1 (2)	16.7 (3)	44.4 (8)	27.8 (5)
How often did the hospital staff do everything they could to help you with your pain?	11.1 (2)	5.6 (1)	22.2 (4)	61.1 (11)

Patients were also asked if they were given any medication that they had not taken before and 60.6% reported yes. The respondents who indicated they were given medication they

had not taken before were asked to report how often they were told what the medication was for and how often staff described possible side effects in a way they could understand (see Table 8). Eighty percent reported that they were usually or always told what the medication was for, and 57.9% reported that staff usually or always described possible side effects of the medication in a way they could understand.

Table 8. Patient Experience with Medication

Question	Never % (N)	Sometimes % (N)	Usually % (N)	Always % (N)
How often did hospital staff tell you what the medicine was for?	10.0 (2)	10.0 (2)	5.0 (1)	75.0 (15)
How often did hospital staff describe possible side effects in a way you could understand?	36.8 (7)	5.3 (1)	10.5 (2)	47.4 (9)

Discharge

Respondents were asked where they went after they left the hospital and 80% reported their own home, and 20% reported another health facility. Respondents who indicated they were going to their own were also asked whether they had the help they needed when discharged from the hospital and whether they had information in writing about symptoms or health problems to look for after they left the hospital (see Table 9). Nearly 62% reported that they had a discussion with hospital staff about whether they had the help needed when they left the hospital, and 57.1% reported that they were given information in writing about what symptoms or health problems to look out for after they left the hospital.

Table 9. Discharge Planning

Question	Yes % (N)	No % (N)
Did hospital staff talk with you about whether you would have the help you need when you left?	61.9 (13)	38.1 (8)
Did you get information in writing about what symptoms to look out for?	57.1 (12)	42.9 (9)

Overall Hospital Experience

Respondents were asked to rank the hospital they visited on a scale of 0 to 10 with 0 being the worst hospital possible and 10 being the best hospital possible. On average, patients ranked their hospital visit at 8.1. Respondents were also asked whether they would recommend the hospital to friends and family 77.8% reported definitely yes, 8.3% reported probably yes, and 13.9% reported definitely no.

Overall Comments

While survey participants were given the opportunity to comment on their overall acute care experience, no themes were identified from the responses provided.

Opportunities for Improvement

Overall results indicate that STRH's acute care services have strengths including the care received from nurses, the cleanliness of patient rooms, patient privacy, and patients always getting help when they need it.

Opportunities for improvement were identified for those questions that had less than 80% of respondents reporting a positive response (i.e., always and usually combined or yes). For STRH, opportunities for improvement include:

- 1. Explore ways to ensure patients feel involved in decisions about their own care and treatment.
- 2. Making sure patient meals are the right temperature.
- 3. Exploring ways to meet the religious and/or spiritual needs of patients.
- 4. Working with patients to control the pain they experience.
- 5. Communicating with patients the possible side effects of a new medication in a way they can understand.
- 6. Discussing with patients if they have the help they need when they leave the hospital.
- 7. Giving patients information in writing about what symptoms or health problems to look out for after they leave the hospital.

Appendix A

Acute Care Experience Survey

Acute Care Patient Experience Survey

As a patient who has recently received acute care services at one of Western Health's facilities, we would like your feedback to help improve your hospital experience. This survey is part of our efforts to understand how patients view their acute care experience.

This survey should take approximately 10-15 minutes to complete. Your participation in this survey is voluntary and will not affect your health care. The survey is anonymous and will not identify you as a participant. All information gathered from this survey will be treated confidentially and will be reported collectively.

Any information that you decide to share will help us identify areas for improvement. A summary of the survey results will be posted on our website at www.westernhealth.nl.ca.

We hope that you will take the time to complete the survey. Your participation is greatly appreciated. Please answer the questions based on your last hospital stay. If you have any questions about this survey, please contact Ms. Darlene Welsh, Regional Manager Research and Evaluation at (709) 784-6806 or darlenewelsh@westernhealth.nl.ca. Thank you for helping to improve health care in the Western region.

2. Please answer the following questions about nursing care during your recent hospital stay in

Never Sometimes

Usually Always

Western Memorial Regional Hospital (Corner Brook)
Sir Thomas Roddick Hospital (Stephenville)
Bonne Bay Health Centre (Norris Point)
Calder Health Centre (Burgeo)
Dr. Charles L. LeGrow Health Centre (Port aux Basques)
Rufus Guinchard Health Centre (Port Saunders)

How often did nurses listen carefully to you?

How often did the nurses explain things in a way you could understand?

After you pressed the call button, how often did you get help as

Your Care from Doctors

soon as you wanted it?

Mark only one oval per row.

How often did the nurses treat you with courtesy and respect?

Instructions:

Skip questions that are not applicable to you

k only one oval per row.				
	Never	Sometimes	Usually	Always
How often did doctors treat you				
with courtesy and respect? How often did doctor listen	=		$\overline{}$	=
carefully to you?	\bigcirc			
How often did doctors explain things in a way you could understand?	\bigcirc			\bigcirc
How often did you feel involved in decisions about your care and treatment?				
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	Never	Sometimes	Usually	Always
How often were your room and bathroom kept clean?				
How often was the area around your room quiet at night?				
How often did you feel you had enough privacy?				
How often did your healthcare				
providers wash their hands or use				
hand sanitizer before and after providing your care?				
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8.	During this h Mark only one	ospital stay, were you oval.	r religio	us and/or spi	iritual nee	ds met?	
	O Yes						
	O No						
Yo	ur Experi	iences with Pai	n				
9.	During your I Mark only one	recent hospital stay, di e oval.	id you n	eed medicine	e for pain	?	
	O Yes	Skip to question 10.					
	O No	Skip to question 11.					
10.		er the following questi in acute care: e oval per row.		ut your expe			during your recent
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10.	Mark only one How often v controlled?	in acute care: e oval per row. was your pain well					during your recent
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When you Left the Hospital

Mark only one oval.	
Own home Skip to question 14.	
Someone else's home Skip to question 14.	
Another health facility Skip to question 15.	
14. During this hospital visit:	
Mark only one oval per row.	
Yes No	
Did doctors, nurses or other hospital staff talk with you about whether you would have the help you needed when you left the hospital?	
Did you get information in writing about what symptoms or health problems to look out for after you left the hospital?	
Overall Rating of Hospital	
15. Using any number from 0-10, where 0 is the worst hospital possible and 10 is the best hospital possible, what number would you use to rate this hospital during your visit? Mark only one oval.	
0 1 2 3 4 5 6 7 8 9 10	
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possible	sible
16. Would you recommend this hospital to your friends and family? Mark only one oval.	sible
16. Would you recommend this hospital to your friends and family? Mark only one oval.	SIDIE
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16. Would you recommend this hospital to your friends and family? Mark only one oval. Definitely no Probably no Probably yes Definitely yes About You 17. What is the highest grade or level of school that you have completed? Mark only one oval. 8th grade or less	Sibile

18. What is your	
16-20	
21-24	
25-30	
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41-45	
46-50	
51-55	
56-60	
61-65	
66-70	
71-75	
76+	
19. In general, h Mark only on	now would you rate your overall health? e oval.
Excell	lent
◯ Very g	good
Good	
Fair	
Poor	
Overall Cor	mments
20. Please provi	ide any overall comments related to your recent hospital experience in acute care: