

Strongest Families Referral Form Fax to: 1-866-470-7222

Strongest Families provides a prescribed and customized cognitive behavioral therapy program to children ages 3-17 and their families over a 12-week period for mild to moderate anxiety and behavioural issues as an early intervention response. The program supports children and youth with anxiety, behavioural difficulties (e.g., symptoms related to oppositional defiance, attention deficit/hyperactivity disorder and bullying behaviours) and nighttime bedwetting. Strongest Families provides timely care to families by teaching positive parenting and coping skills through a distance coaching approach over the phone and Internet in the comfort and privacy of the family's home. Families are contacted within 24-48 business hours of the referral being received.

CHILD / YOUTH SECTION (please print)

Date of Birth (dd/mm/yy)	Gender: Oncern: Behaviour (3-12 years)		
Office S Main Fresending C	Anxiety (6-17 years) Nighttime Bedwetting (5-12	2 years)	
PARENT / LEGAL GUARDIAN SECTION (please print)			
Parent/Guardian Name: _			
Phone #:	(home)	(cell)	_ (work – if you can take calls)
Best days/nights/times to call to book an apt.: Email address:			
Mailing Address:			
	Postal Code:		
REFERRAL SOURCE SECTION (please print)			
Name:	Pho	ne #:	Fax #:
	Mental Health and Addictions School -Teacher/Guidance Counsellor Child Youth Family Services Nurse Physician Other	Health Regi	on: Eastern Central Western Labrador-Grenfell
Send Correspondence (i.e. progress reports): Yes No (pending parental consent)			

Exclusionary criteria: Children requiring more intensive support should be referred to their local mental health and addictions office. Examples include those who are at imminent risk to harm self and/or others, active psychosis, current significant involvement in the criminal justice system with severe presenting issues, and/or active youth substance abuse/dependency issues. Questions regarding program fit can be directed to Kati LaVigne at 1-902-442-9522 or email klavigne@strongestfamilies.com / www.strongestfamilies.com.

<u>Please Note:</u> Availability of this program is based on first come first serve as funding allows.